At What Age Can I...

During a participation group we discussed with young people what they can legally do in Scotland, and at what age. We also explored the ways young people felt they were treated differently compared to their non-care experienced peers.



Is This Fair?

	Care Experienced	Non-Care Experienced
Play Fortnite	12+ that's the official rating!	Parents say age 11+ Kids say age 10+ (Source: commonsensemedia.org)
Watch a Kevin Bridges DVD	15+ that's the official rating!	Probably 14, because this is the age you have to be to watch him performing live.
Join a social media site	13+ for most and 16+ for What's App because that's what the guidelines say!	59% of children will have accessed a social networking site by the age of 10. Source: Opinium survey
Watch Thor on DVD (12)	It's ok to go and watch it in the cinema as the rating is a 12A but not on DVD as it's a 12.	At the discretion of parent/carer.

What Do Young People Think?



Movies, music and games

" I walked into a room and had to leave because the other young people were watching a 15 movie. I'm 14!"

"I've been through more than any movie."

"... I've spent years of my life seeing things every day, hearing about things. I've experienced so much, **there's nothing that could shock me.**"

"Staff delete all the 15 movies from the Sky Planner because there are two young people under 15 in the unit, **how is that fair?**"

Age appropriate conversations in care houses

"Our conversations need to be PG."

"To avoid the issue, I think units should got to 14 and over, or 14 and under."

"We can't even repeat inappropriate jokes from 15 classed movies, we have to whisper it..."



The differences of a care setting

"I was 14 when I went to a sleepover. My friend's mum let me watch a 15 movie. I think that was fair." "They're [staff] so strict compared to my family."

